Do you see…

Blue Sky or Clouds?

If you are experiencing...

• changes in appetite or weight
• persistent sadness or anxiousness
• changes in sleep patterns
• loss of interest in daily activities
• irritability & difficulty concentrating
• persistent fatigue or loss of energy

...you may only see the clouds right now. It’s okay. Talk to your doctor today.

You can feel better and more hopeful with treatment.

You are not alone.